



## ***2-1-1 Idaho CareLine***

***To provide easy access to health and human service programs***

**Service Delivery Area:** State of Idaho

The 2-1-1 Idaho CareLine is a free, statewide, bi-lingual telephone information and referral program available to link Idahoans with health and human service providers and programs. The 2-1-1 Idaho CareLine has been in operation since 1990 as part of the Idaho Department of Health and Welfare. During 2003, the Idaho CareLine assisted 35,701 callers in finding needed programs and services.

**Contact Information:**

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## ***Association of Idaho Cities, Idaho's Promise Partnership***

***Actively engaged in assisting Idaho communities in creating a positive and nurturing environment for all children and youth***

**Service Delivery Area:** Statewide initiative with Eight Communities of Promise in Boise, Bovill, Bonner County, Clearwater County, Emmett, Madison County, Lemhi County and Moscow. Fourteen other communities are also served through the AmeriCorps programs in providing the resources that young people need to succeed, including: Bingham County, Buhl, Coeur d'Alene, Bonneville County, and Blaine County.

Idaho's Promise was launched in 1998 and the partnership with The Association of Idaho Cities began in 2000. Through the partnership with The Association of Idaho Cities (AIC), Idaho's Promise is actively engaged in assisting Idaho communities in creating a positive and nurturing environment for all children and youth. Services provided are intended to supplement and enhance what is already occurring, not replace or duplicate.

Honoring the autonomy of every Idaho community is a steadfast commitment and a guiding principle behind the promotion of all The Association of Idaho Cities and Idaho's Promise' initiatives and programs. AIC and Idaho's Promise provides what each community requests based upon its particular need.

Services offered by AIC and Idaho's Promise are designed to encourage participation from the entire community based on the belief that if it is not a grassroots, community-driven effort, then it is just another program moving in and, eventually, out of a community.

Idaho's Promise partnership assists communities to:

- find ways to engage youth
- build youth assets through community service
- strengthen the leadership skills of young people

- mobilize community partners toward active participation in the lives of children and youth
- identify and retain volunteer resources
- network with other communities in creating asset-rich communities

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## ***College of Southern Idaho NAEYC Accreditation Project***

***To provide technical assistance/mentoring and access to resources for early childhood programs pursuing NAEYC Accreditation***

**Service Delivery Area:** Region V – South Central Idaho (8 counties)

The College of Southern Idaho's (CSI) early Childhood Education program is committed to providing support and guidance to early childhood programs in Idaho communities who are pursuing National Association for the Education of Young Children (NAEYC) accreditation. This program was made possible through a grant from the J.A. and Kathryn Albertson Foundation and continued through February 2003 with support from the Department of Health and Welfare.

During this period, their work focused on the following:

- Providing technical assistance and mentoring to centers
- Overseeing the disbursement and use of program improvement money to meet accreditation criteria
- Selecting a regional “Hub Site” and developing guidelines for how this site would be used for training and observation
- Establishing a Resource Center of program, curriculum, classroom materials and a system for use by community early childhood programs

This program has worked with 18 early childhood centers, impacting approximately 700 children and 200 teachers. The program has aided 17 early childhood centers (such as Head Start, Child Care Center and CSI's Early Childhood Education Lab School) reach accreditation through NAEYC. The program has also provided on-site mentoring and technical assistance.

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[www.csi.edu/ip/socsci/cdc/eceacred.htm](http://www.csi.edu/ip/socsci/cdc/eceacred.htm), [www.naeyc.org](http://www.naeyc.org)



## ***Covering Kids & Families in Idaho***

***To enroll eligible Idaho children and youth in the Children's Health Insurance Program (CHIP)***

**Service Delivery Area:** Statewide CKFI Project and Coalition with three local CKFI Projects and local Coalitions in eleven counties in Idaho: 1) Ada County; 2) southeast Idaho (a five county area) and; 3) northern Idaho (a five county area).

Covering Kids & Families in Idaho (CKFI) began in October 2002 as a four year project partially funded through the Robert Wood Johnson Foundation.

Since 2002, there has been a steady increase in the numbers of calls to 211/Careline regarding CHIP and a steady increase in the numbers of eligible children being enrolled. This project gives special emphasis to strategies on outreach for Hispanic/Latino populations and ranch/farming communities, but implements plans with the intentions of reaching all eligible Idaho children and youth for CHIP enrollment.

### **Contact Information:**

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## ***The Family Advocate Program***

***To get abused children out of danger and into safe homes, while partnering with parents to build strong families***

**Service Delivery Area:** The Family Advocate Programs, in conjunction with the Court Appointed Special Advocate (CASA) program, serves abused and neglected children from Idaho's 4<sup>th</sup> Judicial District: Ada, Boise, Valley and Elmore Counties. The Families First parent education program serves families from Ada County.

The Family Advocate Program is the parent agency for two programs. The Families First project is a voluntary home-based parent education service. Parent educators visit families at home with lessons on child development, nutrition, health care, and effective parenting skills. The primary goal of the Families First project is to help parents keep their families whole and healthy and give their children the best possible start in life.

The CASA (Court Appointed Special Advocate) program provides the court with trained volunteers who act as Guardians ad Litem. A Guardian ad Litem is an independent third party advocate who is matched with a child that has been placed in foster care due to abuse or neglect. A CASA volunteer is the sole adult charged with the responsibility of researching the child's background and reporting those findings to the court. Judges use the report to make a sound decision about that child's future.

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## ***Functional Family Therapy (Idaho Youth Ranch)***

***An outcome-driven preventive/intervention program for youth who have demonstrated the entire range of maladaptive acting out behaviors and related syndromes***

**Service Delivery Area:** State of Idaho

Since its inception in 1969, Functional Family Therapy (FFT) has been designed to increase efficiency, decrease costs and enhance the ability to provide services to more youth by:

- Targeting risk and protective factors that we can change, then programmatically changing them;
- Engaging and motivating families and youth so they participate more in the change process;
- Enter into a service delivery processes with a clear plan and proven techniques for implementation;
- Constantly monitoring process and outcomes so we don't fool ourselves or make excuses for failure; and
- Believing in the families we see and then believing in ourselves.

This program has been implemented among diverse populations, including conduct disordered/oppositional youth, pre-delinquents (at-risk for delinquency), court-mandated referrals and chronic delinquents released from state institutions.

FFT is designed to work with families that are treatment resistant and have other difficulties in traditional treatment formats. Functional Family Therapy has been implemented among diverse populations including conduct disordered/oppositional youth, pre-delinquents (at-risk for delinquency), court-mandated referrals, and chronic delinquents released from state institutions.

### **Contact Information:**

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## ***Genesis World Mission / Garden City Community Clinic***

***To provide limited diagnostic and treatment services to economically disadvantaged individuals without health insurance in the Treasure Valley***

**Service Delivery Area:** Treasure Valley

The Garden City Community Clinic is a free clinic to the uninsured and financially disadvantaged of the Treasure Valley. It is organized and operated by Genesis World Mission, a non-profit, non-denominational Christian organization dependent upon unpaid professionals dedicated to meeting the needs of the under-served locally and internationally. Organized in December 2002 the clinic provides free medical services including needed medications, labs, x-rays, and counseling to those who qualify. A medical thrift store also can furnish medical supplies and durable medical equipment to those in need.

The clinic depends upon numerous volunteer physicians, nurse practitioners, physician assistants, nurses, pharmacists, pharmacy technicians, psychologists, counselors, social workers, and clerical help to meet the needs of those unable to access adequate medical care due to the lack of insurance and inability to pay. The addition of dental services is targeted for the summer of 2004.

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## ***Governor's Coordinating Council on Families and Children***

***To promote the well being of families and children in Idaho***

**Service Delivery Area:** State of Idaho

The Governor's Coordinating Council for Families and Children (GCCFC) was established by Executive Order in April 2000. Governor Kempthorne envisioned creating a statewide awareness of the importance of healthy families and children. The Governor's charge to the GCCFC is: to develop strong public-private partnerships to foster and support results oriented community programs; to work with agencies, organizations, and individuals to develop a consistent, accurate and timely collection and reporting of data to provide evidence based outcomes; to facilitate communication and coordination among organizations providing services to families and children; and to create public awareness of successful programs that can serve as a template for others, maintaining a comprehensive inventory of resources and programs serving families and children.

The GCCFC's vision is to be an ongoing broad-based collaborative organization which:

- Supports and provides leadership to enhance current state, regional and community systems that impact the lives of families and children
- Serves as a reliable source of recommendations to promote outcome-based programs and policies that benefit families and children
- Promotes collaboration between the public and private sectors
- Endorses the use of reliable data and best practices in all programs
- Facilitates broad awareness of the importance of strong families and children to the future of Idaho.

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## ***Governor's Generation of the Child (GOC)***

***For Idaho to be the best place to live and raise a family***

**Service Delivery Area:** State of Idaho

In 1999, Governor Kempthorne declared the new millennium—"the Generation of the Child" to reflect Idaho's commitment to improving the well being of families and children. The Governor's vision to make Idaho the best place to live and raise a family has resulted in remarkable advancements in uniting the public and private sectors to achieve significant results.

Through the "Generation of the Child Initiatives" the Governor's office provides both direct and indirect support for numerous projects that are making a measurable difference in the lives of families and children throughout the state such as; Parents As Teachers (PAT), Immunization Reminder Information Services (IRIS), University of Idaho PAT Demonstration Project, Prenatal Dental, Idaho State Library's Summer Reading Program, the Governor's Coordinating Council for Families and Children, Community Development projects, Children's Mental Health and the School Safety Hotline. First Lady Patricia Kempthorne provides invaluable leadership for the Generation of the Child Initiatives as an unpaid volunteer who is revered and respected as a passionate champion on behalf of the most vulnerable of Idaho's citizens—our children.

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## ***Healthy Families - Nampa***

***Establish a community environment that supports healthy marriages and responsible fatherhood including financial responsibility for children.***

**Service Delivery Area:** Nampa, Idaho

The Healthy Families - Nampa (HFN) project was conceived in 2002 and received a federal grant in May 2003 to begin its work. It is one of only three such community demonstration sites in the country.

The goals of HFN include:

Goal 1: Coalition Building - Create a working coalition anchored by faith-based community involvement to initiate and implement a community-based process for supporting healthy marital relationships and responsible fatherhood

Goal 2: Community Norms - Establish community norms that support families and responsible parenting

Goal 3: Knowledge And Skill Development - Improve the financial well-being of children by increasing knowledge and skills:

- To help couples prepare, form and sustain healthy marital relationships
- To encourage responsible fatherhood
- To assist surrogate parents
- To help unwed fathers and mothers become more effective parents

The project accepted its first referrals from the Idaho Department of Health and Welfare in January 2004. Through both faith-based and secular programs in pre-marital counseling, fatherhood training and mentoring, marriage enrichment and others, HFN intends to impact families throughout the community.

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***Idaho Association for Education of Young Children (AEYC)***  
***IdahoSTARS, T.E.A.C.H., Healthy Child Care Idaho, and Mentors for Early Care and Education***

***To improve the quality of life for Idaho's young children and their families, improve professional practice in early care and education, build public understanding and support, and build and maintain a strong, diverse and inclusive organization***

**Service Delivery Area:** State of Idaho – There are 6 regional affiliate chapters (Eastern Idaho, Pocatello, Snake River, Treasure Valley, North Idaho and Palouse Area AEYC) in addition to the state affiliate to the National Association for the Education of Young Children. IdahoSTARS includes 7 Regional Child Care Resource and Referral Offices. T.E.A.C.H. works with 5 colleges and Universities across the state.

Incorporated in 1998, the Idaho Association for Education of Young Children (AEYC) set out with approximately 600 members statewide to bring high-quality early learning opportunities to all children from birth to eight years old and their families.

Since then, Idaho AEYC has been instrumental in supporting excellent early education through accreditation and professional development using the new IdahoSTARS professional development system. The program is also aimed at improving teaching and learning through professional preparation scholarships, mentoring support, research, and resources. Additional goals of the Idaho AEYC are to promote public support and policies through advocacy, outreach and public awareness and build a profession that is inclusive, develops leaders, and has strong standards and equitable compensation.

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## ***Idaho Governor's Council on Adolescent Pregnancy Prevention***

***Reduce teen pregnancy in Idaho by increasing the number of teens choosing abstinence***

**Service Delivery Area:** State of Idaho

Idaho Governor's Council on Adolescent Pregnancy Prevention (IGCAPP) was first established by Governor Andrus in 1994. Governor's Batt and Kempthorne have continued this commitment to reducing teen pregnancies in Idaho by ongoing support for the Council.

In partnership with the state Adolescent Pregnancy Prevention program, IGCAPP serves youth ages 10-18, with emphasis on youth 10-14 when they are most likely to be forming their opinions and ideas regarding sexual health. Each year IGCAPP reaches thousands of youth through the award winning media campaign and recognized tag line "Sex last a moment, being a parent lasts your whole life".

Through partnerships with the local district health departments, the media campaign and many other community partnerships, teen pregnancy in Idaho is down 32 percent since 1995.

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## ***Idaho Parents as Teachers***

***To provide the information, support and encouragement parents need to help their children develop optimally during the crucial early years of life***

**Service Delivery Area:** State of Idaho

PAT came to Idaho in 1998 with the support of the Generation of the Child and the J.A. and Kathryn Albertson Foundation. The program has grown to 48 sites throughout Idaho including the U of I PAT Demonstration project sites, other PAT programs, and those linked with school districts supported by the Albertson foundation.

Over 3,500 families and children in Idaho participate in PAT programming. Components include monthly home visits, monthly group meetings for families and community about child development and community resources, developmental screenings for children, and resource and referral to community resources.

Certified parent educators work with families and children using the PAT curriculum which supports and teaches parents how to provide the kind of early experience that gives children the best start in life. It is a universal access program reaching families of all socio economic levels and from rural, urban and suburban communities, and is making a difference in the lives of families as follows:

- Empowering parents to give their children the best start in life



- Providing children a solid foundation for school and life success
- Increasing parent knowledge of child development
- Increasing parents feelings of confidence and competence
- Enhancing parent-child interaction and relationships
- Providing early detection of developmental problems

**Contact Information:**

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***Idaho Regional Alcohol and Drug Awareness Resource  
(RADAR) Network Center***

*Information dissemination and resource referral*

**Service Delivery Area:** The State of Idaho

Information dissemination and resource referral are the primary objectives of the RADAR Center, which distributes over 270,000 pieces of free material annually to the citizens of Idaho, and processes over 2200 referrals. In addition to printed material, the Center has recently established a video lending library of over 1000 videos targeting a wide variety of audiences on substance abuse, tobacco prevention, violence prevention, and health-related topics.

The National RADAR Network was established in 1989 and is sponsored by the Center for Substance Abuse Prevention, SAMHSA's National Clearinghouse for Alcohol and Drug Information. The Idaho RADAR Network Center, a part of the largest substance abuse prevention and treatment infrastructure in the nation, is a grant-funded Center housed at Boise State University since 1992. Although the Center serves all citizens of Idaho, the targeted population is pregnant women, women with dependent children, intravenous drug users, young adults 18-24, youth, families, and community based organizations. During the 2002-2003 fiscal year, the Center served a reported 75,284 persons, of which 46% were community members, 29% K-12 students in school, 8% parents/guardians, 4% educational professionals, and 3% post-secondary students.

The Idaho RADAR Network consists of 26 associate centers throughout the state that act as satellite contacts in their communities. Additionally, during the 2002-2003 fiscal year the Center's director represented RADAR at 119 meetings with agencies, including community coalitions, government organizations, medical/treatment/health-related centers, and educational facilities.

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## ***Learning Lab - Preschoolers & Parents as Partners Family Literacy***

*To enhance the literacy skills of undereducated adults and families*

**Service Delivery Area:** Treasure Valley

The Learning Lab's Preschoolers & Parents as Partners (PPP) Family Literacy program was implemented in 1993 and provides Treasure Valley families comprehensive literacy education to developmentally at-risk children, ages birth to six years, and their functionally illiterate parents. PPP Family Literacy is based on the four components recognized by the National Center for Family Literacy and includes: Early Childhood Education, Parent & Child Together (PACT) Time, Parenting Education and Adult Education.

For some families, education becomes low-priority when financial, health, or safety issues burden them. The Learning Lab provides the opportunity for these families to improve their lives through education. PPP Family Literacy education provides the foundation for intergenerational learning that leads to long-term success and the opportunity for under-educated families to break the cycle of illiteracy and gain lasting self-sufficiency.

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## ***March of Dimes Folic Acid Education***

*Improve the health of babies by preventing birth defects and infant mortality*

**Service Delivery Area:** State of Idaho

March of Dimes was established in 1938. Recently the State Chapter received \$100,000 to educate all Idahoans on the health benefits of the vitamin B Folic Acid. Building on its previous education efforts of the last 4 years, the chapter is reaching out to more target groups (such as Hispanic and youth) and areas. Surveys from 1999-2002 showed that women of childbearing age had an equal or better awareness of folic acid than the nation overall.

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## ***March of Dimes Prematurity Campaign***

***Improve the health of babies by preventing birth defects and infant mortality***

**Service Delivery Area:** State of Idaho

The National March of Dimes was founded in 1938 to combat polio. When a safe vaccine was discovered, the March of Dimes redirected its efforts to other important infant health issues.

The present national five-year campaign is Prematurity since one in eight babies are born prematurely in this country. The State Chapter works to educate the public, the individual and healthcare providers about important maternal-infant health issues.

The Goals of the Prematurity Campaign are to:

- Increase public and professional awareness of the seriousness of preterm labor and birth
- Educate professionals and pregnant women on the risk factors associated with preterm birth
- Educate pregnant women on the signs and symptoms of preterm labor and what they should do

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## ***Parents Encouraging Parents***

***To educate, strengthen, and support Idaho's families through parenting classes and individualized sessions***

**Service Delivery Area:** State of Idaho

Parents Encouraging Parents (PEP) started offering parenting classes in Idaho County in 1996. In 2000, PEP began offering additional classes over the Internet.

More than 500 people attend the parenting classes each year. Although the classes are open to everyone, PEP targets parents of young children, parents having difficulty raising teens, grandparents raising grandchildren, parents of children who exhibit excess anger or are emotionally disturbed, parents in separation or divorce, and step-parents. PEP parenting classes can stand alone or can augment other programs. Individual sessions are offered for parents who need more than the group experience.

### **Contact Information:**

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## ***Read to Me (Idaho State Library)***

***Provides early literacy information, training, technical assistance, and resources for Idaho libraries and their community partners***

**Service Delivery Area:** State of Idaho

The Read to Me Program was established in 1997 to provide information and resources on early literacy to reach all parents in Idaho with children from birth to age eight, with an emphasis on reaching at-risk families, fathers, and child care providers. The program's vision is for all parents and caregivers to nurture their children's early literacy skills and for all children to develop as independent readers and lifelong learners.

Read to Me promising practices include an array of statewide activities which are directed towards reaching three major outcomes:

- Outreach Outcome: More libraries provide early literacy information, and programs and services through outreach to at-risk families or children who have difficulty using the library in their communities.
- Public Information: More libraries provide early literacy information and resources in their communities.
- Professional Development: More librarians and their community partners increase their knowledge and skills in providing early literacy resources, programs and services in their communities.

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## ***Syringa House of Northwest Children's Home***

***Helping troubled adolescent girls***

**Service Delivery Area:** Syringa House is located in Nampa, and serves troubled teenage girls from throughout the state. Approximately 55% of the residents are referred from southwest Idaho; 17% from the Twin Falls area; 16% from Northern Idaho and 9% from Eastern Idaho.

Syringa House in Nampa began serving troubled adolescent girls in 1987. Syringa House is operated by Northwest Children's Home (NCH), a private, non-profit organization dedicated to providing quality residential, therapeutic and educational services for troubled children and their families. Founded in 1908, Northwest Children's Home is the oldest continuously operating facility of its kind in Idaho.

Syringa residents know first-hand the crippling effects of dysfunctional home environments, sexual abuse, physical abuse, substance abuse, severe emotional disorders and/or school failure:

- 95% of Syringa residents are sexual abuse victims

- 73% have been physically abused
- 100% of Syringa residents are at least two grades behind in public schools
- None of the Syringa residents come from an intact home consisting of their biological parents.

Within a safe homelike setting, Syringa residents begin to heal as they start the journey to healthy, positive lifestyle choices. The girls participate in intensive therapy, earn credits towards graduation at the Northwest Children's Home Nampa Education Center and follow a structured, daily routine including sit-down "family" meals. They practice social skills and learn to give back to the community through volunteer projects. They learn socially acceptable ways to have fun by participating in recreational therapy. Through independent living services, the girls acquire basic living skills, such as buying and preparing food, budgeting, and finding a job.

Since Syringa House opened, over 400 troubled adolescent girls have rebuilt their lives at Syringa and returned to communities throughout Idaho.

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## ***University of Idaho Cooperative Extension Parents as Teachers Demonstration and Evaluation Program***

***Setting the stage for sustainability and replication of Parents as Teachers in Idaho***

**Service Delivery Area:** Thirteen sites throughout Idaho

The University Of Idaho Cooperative Extension PAT Demonstration and Evaluation Program consists of 13 sites throughout Idaho. The demonstration project has not only increased opportunities for families and children to participate in parent education and learning experiences, it is providing university resources for organizing statewide program data collection and evaluation to document the positive impact PAT is making on children, schools and communities. This work has set the stage for sustainability and replication of Parents as Teachers in Idaho.

The project's foresight has significantly contributed to development of new collaboration resulting this year in implementation of a state PAT web based data management system. Their work in Literacy research relevant to Parents as Teachers continues to receive acclaim statewide and nationally and serves as an ongoing source of support for all Idaho PAT sites. Their research and analysis documents how the PAT curriculum is well designed and serves to help parents build strong literacy environments for their children. Moreover- the U of I Demonstration Project works in collaboration with the Idaho State system and steering committee to build the Idaho PAT system and quality assurance processes.

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